



Deanshanger Primary School

Personal, Social, Health and Economic Education (PSHE) Policy

Introduction

PSHE is a non-statutory subject. However, personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. As outlined in the primary national curriculum (2014), all schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice. Furthermore, it is the expectation that every state-funded school must offer a curriculum which, 'promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepares pupils at the school for the opportunities, responsibilities and experiences of later life.'

Aims and Objectives

- To promote the spiritual, moral, cultural, mental and physical development of children.
- To prepare children at the school for the opportunities, responsibilities and experiences of adult life.

At Deanshanger Primary School, we see PSHE as being at the centre of all we do. Through our curriculum, our school environment and our school ethos, we aim to promote pupils' self-esteem, emotional well-being and personal (including social) development, helping them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school, at work and in the community.

PSHE enables children to become healthy, confident, independent and responsible members of society. We encourage our children to play a positive role in contributing to the life of the school and the wider community; in so doing we help to develop their sense of self-worth. We teach them how society is organised and governed and about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse, multicultural society. PSHE helps our children to acquire the skills, knowledge and understanding, attitudes and values, which are necessary to make sense of their life experiences and to feel confident and informed.

Curriculum

We aim to prepare our children for their future through the delivery of a comprehensive PSHE programme. This programme is based on the three core themes of; 'Health and Wellbeing', 'Relationships' and 'Living in the Wider World'. As outlined by the PSHE Association's programme of study (2014), the aims of PSHE are to enable children to know:

Core Theme 1: Health and wellbeing

1. What is meant by a healthy lifestyle.
2. How to maintain physical, mental and emotional health and wellbeing.
3. How to manage risks to physical and emotional health and wellbeing.
4. Ways of keeping physically and emotionally safe.
5. Managing change, including puberty (Years 5 and 6), transition and loss.
6. How to make informed choices about health and wellbeing and to recognise sources of help with this.
7. How to respond in an emergency.
8. How to identify different influences on health and wellbeing.

Core Theme 2: Relationships

1. How to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts.
2. How to recognise and manage emotions within a range of relationships.
3. How to recognise risky or negative relationships including all forms of bullying and abuse.
4. How to respond to risky or negative relationships and ask for help.
5. How to respect equality and diversity in relationships.

Core Theme 3: Living in the wider world – Economic wellbeing and being a responsible citizen

1. Respect for self and others and the importance of responsible behaviours and actions
2. Rights and responsibilities as members of families, other groups and ultimately as citizens
3. Different groups and communities
4. Respect for equality and to be a productive member of a diverse community
5. The importance of respecting and protecting the environment
6. Where money comes from, keeping it safe and the importance of managing it effectively
7. How money plays an important part in people's lives
8. A basic understanding of enterprise.

PSHE in upper Key Stage 2 also provides children with SRE (Sex and Relationships Education). Please see our separate SRE policy for further information.

Teaching and Learning

During timetabled PSHE time, an emphasis is placed on active learning through planned discussions, circle-time, investigations, role-play activities, puppets, group-work and problem-solving. All teachers will endeavour to provide a safe learning environment through the establishment of clear ground rules which are made explicit to the children and reinforced consistently. We offer our children the opportunity to hear visiting speakers, such as police and representatives from local churches, whom we invite into school to talk about their role in creating a positive and supportive local community.

PSHE cannot just be taught as a separate subject, although this is an appropriate teaching strategy. Beyond timetabled PSHE lessons, it will be taught through cross curricular links, collective worship (often identifying, promoting and celebrating one of the school's values) and other activities or school events. Pupils are supported in applying the skills they are learning, in real-life situations as they arise: e.g. resolving conflicts; working a part of a group on a project. Children are encouraged to take part in a range of practical activities to promote active citizenship, e.g. charity fund-raising, the planning of special events at school; making class rules; school council meetings; and by taking on roles of responsibility for themselves, for others and for the school.

The curriculum also offers discreet whole school themed weeks on:-

- Anti-Bullying
- Keeping Healthy, Keeping Safe.

Inclusion

We teach PSHE to all our pupils, regardless of their ability.

Learning opportunities are matched to the individual needs of children with learning difficulties.

Activities and debates challenge our most able pupils to formulate personal views based on evidence they research and discuss.

Teaching Resources

Teachers in Key Stages 1 and 2 follow the PSHE Association's programme of study, headed by the three core themes of 'Health and Wellbeing', 'Relationships' and 'Living in the Wider World'. This is used in partnership with the SEAL themed materials, which cover the following units:

- New Beginnings
- Getting on and Falling Out
- Say no to Bullying
- Going for Goals
- Good to be Me
- Relationships
- Changes

Teaching in Year 5 also includes the use of the 'Friends' programme of study.

Teaching in Year 1 also includes the use of 'Zippy's friends' programme of study.

Assessment, Recording and Reporting

Teachers assess the children's work by making informal judgements as they observe them during lessons.

We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage.

We keep records of the contribution to the life of the school and community in photograph and video form.

Our Celebration Assembly on a Friday afternoon celebrates personal achievements inside and outside school.

'Power points' are given in school and head teacher postcards given to children to celebrate personal achievements with regards to developing positive attitudes to learning.

A comment relating to PSHE will be included in the annual report to parents on pupils' progress.

Monitoring and Review

The PSHE subject leader is responsible for monitoring the standards of children's work and the quality of teaching.

The Head teacher and PSHE Co-ordinator support colleagues in the teaching of PSHE, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in school.

All staff will be responsible for evaluating strengths and weaknesses in the subject and indicating areas for further improvement.